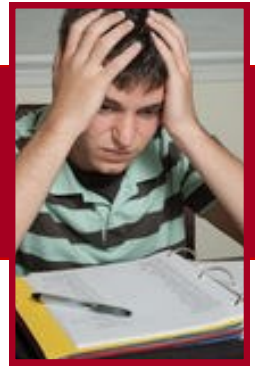




## Youth Workshop *Boys—Grades 4-6*



### **Overcoming Frustration and Anger**

Presented by Chandler Fleming, LMSW. A four-session workshop **for Boys in Grades 4, 5, 6**. Includes discussion and instruction on positive ways to handle frustration before it turns to anger.

- \* **Learn valuable tools to control anger**
- \* **Learn effective strategies to better understand feelings**
- \* **Learn helpful approaches to accomplish goals**

Youth Session: **January 31, February 7, 21** - 6:00-7:30 pm, pizza included.

Required Parent Only Session: **February 14** - 7:00-9:00 pm.



#### **Location:**

**Troy School District Services Building  
4420 Livernois Road, Troy 48098**

***Space is limited, register now!***

#### **To Register:**

Email or call Troy Youth Assistance  
\$10 Registration Fee Paid in Advance

***Sign Up Today!***