



September 2017 - April 2018

TENTATIVE SCHEDULE

SAVE THE DATES

SEPTEMBER 2017

September 25, 7:00-8:30pm

PARENTING 101

Single Parents, Parents with Blended Families,
Grandparents who Parent

OCTOBER 2017

October 9, 7:00-8:30pm

RELIEVING CHILDHOOD STRESS

Parents of Elementary School Students

October 16, 23, 30, November 6, 6:30-7:15pm

YO'KIDS—yoga for kids!TM

Students in Grades 1-3

NOVEMBER 2017

November 13, 7:00-8:30pm

UNDERSTANDING ADOLESCENT GIRLS

Parents of Middle School Girls

November 20, 27, December 4, 11, 6:30-7:15pm

YO'KIDS—yoga for kids!TM

Students in Grades 6-7

JANUARY 2018

January 31, February 7, 14, 21, 6:00-7:30pm

OVERCOMING FRUSTRATION & ANGER

Boys in Grades 4-6

FEBRUARY 2018

February 5, 7:00-8:30pm

MINDFULNESS

Parents of Middle School and High School Students

February 26, March 5, 12, 19, 6:00-7:30pm

GIRLS STAND STRONG

Girls in Grades 4-6

February 26, March 5, 12, 19, 6:00-7:15pm

YO'KIDS—yoga for kids!TM

Students in Grades 4-5

MARCH 2018

March 26, 7:00-8:30pm

RECOGNIZING ADDICTIVE BEHAVIORS

Parents of Middle School and High School Students

ALL PROGRAMS HELD AT THE TROY SCHOOL DISTRICT SERVICE CENTER
4420 Livernois, Troy

WATCH FOR ADDITIONAL INFORMATION

in school newsletters and on the TYA website

www.troyyouthassistance.org

248.823.5095